



## Hot Weather Policy of Kongorong Primary School and CPC

### Rationale

At Kongorong Primary School & CPC we aim to keep everyone safe at all times, including during periods of hot weather. Reasonable steps will be taken to identify and manage risks, and every reasonable precaution will be taken to protect children from harm and hazards.

### Our school and preschool will:

- provide a comfortable and safe environment for all children
- provide heating and cooling to maintain classrooms at a comfortable temperature
- follow the sun protection policy of Kongorong Primary School & CPC
- recognise that “Children sweat less and get less evaporative cooling than adults. In warm and hot weather they have greater difficulty getting rid of heat; they look flushed, and feel hotter and more stressed than adults
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- recognise that heat stress is a factor of both air temperature and relative humidity

### Strategies to reduce the risk of heat illness will include::

**Shade** - Activities conducted in periods of hot weather are to be undertaken in shaded areas and/or indoors.

**Drinks** Children are to be frequently offered water or fluids. Drinking water is to be accessible to children at all times.

**Clothing** Parents are to be encouraged to dress children in clothing that minimises heat gain, in layers that can be easily removed during activity and of a type that is sunsafe.

**Lunch** Parents are to be encouraged to pack food in insulated containers with a freezer brick or frozen water. Sites are to provide a cool place to store food